

Spring 2024 Newsletter

New UCWCP Members!

Dave Perkins Contracting, Inc. | April 1, 2024 DNS Heating & Cooling, LLC | June 1, 2024

Follow the link for a current listing of <u>Participating Contractors</u>.



OPENING JULY 29th - WOODBURY Minnesota Occupational Health 4125 Radio Drive Woodbury MN 55129

OPENING AUGUST 26th -BLAINE/COON RAPIDS NEW LOCATION!

Minnesota Occupational Health 600 Coon Rapids Blvd. NW Coon Rapids MN 55433

OPENING SUMMER 2025 - PLYMOUTH

Minnesota Occupational Health will be located at the corner of 494 & Bass Lake Road. This location will also include a new Summit Orthopedic Clinic, Physical Therapy, Imaging and Surgery Center.



New Primary Care Clinics!

JUST ADDED - NEW ULM

New Ulm Medical Center Clinic-Allina 1324 Fifth N Street New Ulm MN 56073 Scheduling: (507) 217-5011 Monday-Friday 8:00AM-5:00PM

Need help with the EPO? For assistance, or to provide feedback about any of the providers or clinics, please email Sandy at <u>sstoddard@wilson-</u> <u>mcshane.com</u>.

Thank you for your help in ensuring Program participants have the best work injury care possible.

Contractor Member Classroom Training- August 22, 2024

New to the UCWCP or interested in learning more? Come to our next contractor member training and learn more about membership benefits and steps to improve workers' compensation injury outcomes for your company and its union employees.



This training session will include an overview of the UCWCP, Program updates and workers' compensation resources.

Guest Presenter: Kaylene Kickhafer, MS, CDMS, CCM, QRC Kickhafer Consulting Services, Inc.

Register Now!

Looking for other training opportunities? We provide virtual and in-person training for unions and their members, insurance providers, management associations and more. Contact the Program for more information.



Requesting Alternative Dispute Resolution Services?

To ensure a timely response and scheduling of ADR services, one of the following forms should be used when requesting a Facilitation, Mediation, Arbitration or Dispute Resolution Exam.

All forms are accessible through the links below or on the UCWCP website under Program Documents.

- <u>Request for Facilitation Form</u>
- <u>Request for Mediation Form</u>
- <u>Request for Arbitration Form</u>

Wondering if your claim is under UCWCP jurisdiction?

Want to avoid delays and ensure a smooth and efficient claim handling process?

Verify the correct jurisdiction of a claim upon receipt of filing or representation. Confirming jurisdiction helps prevent delays and ensures appropriate handling under the Program's Rules & Regulations.

UCWCP jurisdiction can be confirmed by contacting

<u>Request for Dispute Resolution</u> <u>Exam Form</u>

As we continue to update our processes in order to provide you with the best service possible, your feedback and suggestions are welcome. Program Staff or by reviewing the list of Participating Contractors.



Distribute the Union Employee Guide to your employees electronically!

Did you know you can access and distribute electronic versions of the Union Employee's Guide brochures conveniently from our website?

Key Benefits of using Electronic Brochures:

- Reduces the cost of printing and postage.
- Save to your electronic device for immediate access.
- Available in both English and Spanish.



WWW.UCWCP.COM Making Workers' Compensation Wo Right for Minnesota's Union Construction Industry Since 1997

Still prefer the paper brochures and need more? Email <u>ucwcphelp@wilson-mcshane.com</u>.



With summer approaching swiftly, soaring temperatures are inevitable.

Although you may have to endure prolonged exposure to the sun during work, there are measures you can take to avert heat exhaustion and mitigate the risk of work-related

injuries.

- Ensure water is always readily available on the construction site.
- Take regular breaks to stay hydrated and prevent dehydration and overheating.
- Avoid beverages like sodas or energy drinks.
- Wear lightweight safety clothing to enhance breathability and avoid heat retention against your skin.
- Wear a brimmed hard hat while working in hot conditions.
- Cooling bandanas are also a fantastic alternative for protecting your neck for avoiding direct sun exposure.
- Rest in shaded areas instead of going indoors. This temperature contrast is less severe and will have a milder impact on your body.

Be alert for indications of heat-related illness. If symptoms are present in yourself or others, seek shade and rehydrate immediately.

| | Need to contact the UCWCP? Twin Cities 952-851-5943 Duluth 218-298-6010 General Assistance Email: <u>ucwcphelp@wilson-mcshane.com</u> Certificates of Insurance: <u>ucwcpcerts@wilson-mcshane.com</u> | | |
|---|--|--|---|
| For appointments: | | | |
| Wilson-McShane Corporation 3001 Metro Drive, Suite 500 Bloomington MN 55425 | | Wilson-McShane Corporation 2002 London Road, Suite 300 Duluth MN 55182 | |
| Mailing address: | | | |
| Union Construction Workers Compensation Program 3001 Metro Drive, Suite 500 Bloomington MN 55425 | | | |
| Program Quick Links Looking for additional Program information, training or resources? Utilize the following links for assistance: | | | |
| Program Website | Sponso Insurance F | 0 | 0 |
| | | - | |

Union Construction Workers' Compensation Program | Administered by Wilson-McShane, 3001 Metro Drive, Suite 500, Bloomington, MN 55425

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